



Strategies for Success Workshop Series

Receive job-search credit.
All workshops qualify!



“ Strategies for Success has changed me inside and out. I attended all six weeks and was sad it had to come to an end. I have never had an instructor deliver such a positive and powerful perspective on life.

WorkSource is an incredible place — full of love, support and intelligent staff. ”

~ Elizabeth

This workshop series can change your life!

Strategies for Success is six different four-day workshops that teach the life and soft skills you need to get and keep a job. Start with any of the following courses.

1. **Work Concepts –**
Prepare for work, career and life.
2. **Health and Well-Being –**
Learn about personal wellness and work/life balance.
3. **Communication –**
Know your audience and how to communicate.
4. **Personal Strength Builders –**
Understand what you do best and how you can improve.
5. **Community Engagement –**
Learn about your community and how you can help.
6. **Work Concepts 2 –**
Find and excel in your career and life.

For more information contact:

WorkSource

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Strategies for Success

Workshops qualify for **Unemployment Insurance job-search credit!**

Module 1: Work Concepts

Every good plan needs a great road map – develop yours here!

- Develop a plan for success while discussing self-motivation, exploring careers and learning what employers really want.
- Learn how to prepare and apply for jobs, present yourself as a professional and share your story.
- Understand what employers mean when they say customer service, workplace diversity, team building and professionalism.

Module 2: Health and Well-Being

What is 'work-life' balance? How do I take care of me while taking care of everyone else?

- Examine your core values, life choices and personal integrity.
- Learn how to be personally and professionally self-aware, establish boundaries and develop better stress, time management and networking skills.
- Evaluate your social readiness and online footprint.
- Improve your ability to solve problems, set goals and develop action plans.

Module 3: Communication

Learn how to improve your communication skills and your odds of landing that next job!

- Learn about interpersonal and business communication and discover your own style.
- Develop better listening, writing, computer and presentation skills.
- Find out about verbal and non-verbal cues, practice conflict resolution, and get tips on emotional control.
- Get tips on how to present yourself the right way on the phone, in email, and on social media.

Module 4: Personal Strength Builders

What makes you shine? Explore the skills it takes for work-place success!

- Learn how to improve your attitude, overcome fears, get motivated and plan for success.
- Find out how to project self-worth, integrity, flexibility and adaptability.
- Grab hold of your finances: Form good spending habits, get rid of bad behaviors and become financially literate.

Module 5: Community Engagement

We'll show you how communities can lift each other up and how the tiniest gestures can change lives!

- Discover what it means when people talk about an individual's culture or self-identity, and what it means to be sensitive to it.
- Learn about your personal and social rights, demonstrating citizenship and civic engagement.

Module 6: Work Concepts II

You found the perfect job – now let's talk about how to keep it!

- Learn to multitask and stay motivated.
- Develop your personal leadership and organization skills.
- Understand how biases impact our decisions.
- Develop a vision for your professional future.



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WORKSHOP

